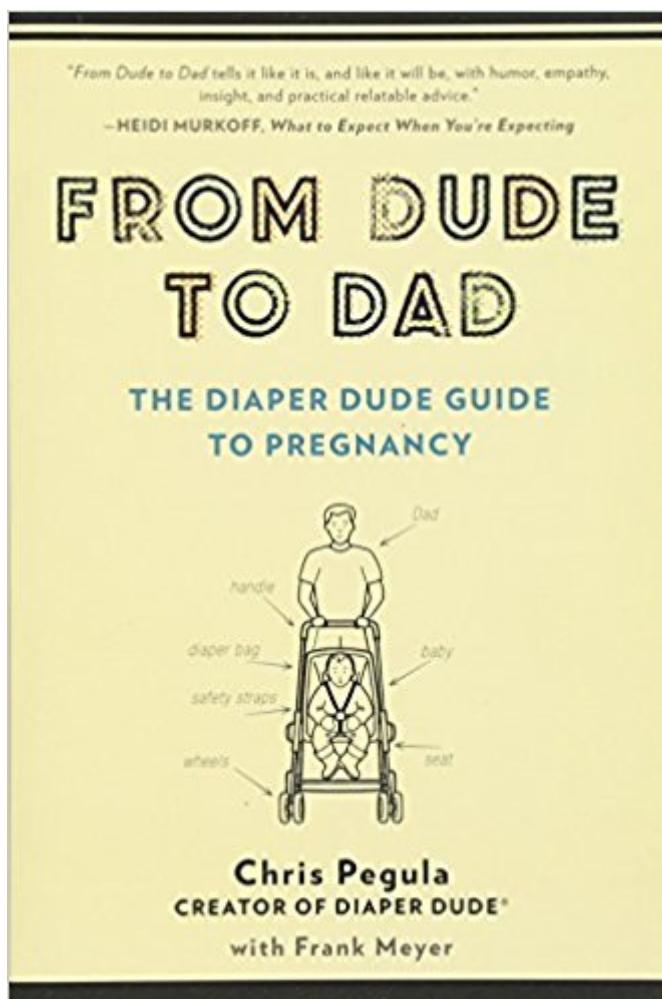


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# From Dude To Dad: The Diaper Dude Guide To Pregnancy



## Synopsis

Congrats: You're going to be a dad! Now what? Dude, relax; you're going to be fine. But it wouldn't hurt to get a few pointers—a road map of what lies ahead. That's what this book is for. From Dude to Dad gives you the need-to-know essentials on pregnancy, birthing, and parenthood, and how it's okay to be scared out of your mind. You'll learn what the expecting mom is going through during each trimester, how you can be the best partner and dad-to-be, and how to immediately start bonding with baby. Be prepared for the arrival that will ultimately change your life in the best way possible.

## Book Information

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## Customer Reviews

Ã¢ “From Dude to Dad tells it like it is, and like it will be, with humor, empathy, insight, and practical relatable advice.Ã¢ •Ã¢ “Heidi Murkoff, What to Expect When YouÃ¢ “re Expecting Ã¢ “Offer[s] up much-needed dad advice.Ã¢ •Ã¢ “Pregnancy Magazine Ã¢ “From Dude to Dad is a fantastic guide to new fatherhood. ItÃ¢ “ gives you the need-to-know essentials on pregnancy, birthing, and parenthood, and how itÃ¢ “s okay to be scared out of your mind. This oneÃ¢ “s perfect for all the new dads out there!Ã¢ “ If youÃ¢ “re a dude going to be a dad, this book will make you laugh all the way to fatherhood.Ã¢ •Ã¢ “Adam Cohen, DaDaRocks.com Ã¢ “From practical information to sensitive considerations and humor, this book has it all for new dads!Ã¢ “ •Ã¢ “Christopher Gavigan, Honest.com Ã¢ “Whether youÃ¢ “re a guy or a gal

expecting a baby, Chris Pegula has your back. •Kristen Kemp, Parents.com   
Chris Pegula, creator of Diaper Dude, presents the need-to-know essentials for the dude about to be a dad. This what to expect when she's expecting, from which doctor visits are important, to when to begin telling friends and family, to whether or not you'll still have a sex life (short answer: yes). •Access Atlanta   
Offers fathers-to-be an accurate look at becoming a dad and an enthusiasm that is admirable. A solid selection for men on the journey to parenting. •Library Journal

Chris Pegula is the creator of Diaper Dude, America's most high-profile line of hip gear for cool dads. He lives with his wife and three children in Los Angeles. Frank Meyer is a journalist, author, senior producer at NBC's Esquire Network, and the proud single father of an eight-year-old girl.

TL;DR - If it has dude in the title, it probably isn't the best book for fathers to be. Look, I don't know what I expected from a book basing itself on the concept of men as dudes, but I wanted something more. The writing is fine, for what that's worth, but the content is abysmal. I don't want some sort of college textbook, but I would like something that at least assumes I have an intelligence and EQ greater than that of a high school student. I don't know, maybe the current crop of fathers to be needs this type of hand holding, but I'm guessing not. It's good for a chuckle, I guess. If you need a good book, get *The Expectant Father* by Armin Brott.

I bought this book for my husband and we both ended up reading it. I'm a first time mom and my husband was FREAKING OUT when he found out we were going to have a baby. This book really helped him get past the initial meltdown and see the joys that come with being a father (and even the potential business opportunities - he loved that part!). Highly recommended for anyone whose husband is still a little iffy about being a father.

My husband read this book throughout our pregnancy. He said that it had good information, but about halfway through the book he got tired of the language. He felt like it wasn't talking to him like an adult and too much slang.

Very helpful for first-time dads, practical advice, anecdotal stories/experiences both particular to the author and experienced by new parents in general, and not demeaning and/or patronizing of the

role or person of either parent. Would definitely recommend. Provides a good bibliography of other resources for further reading/references as well.

I read this book in addition to other similar books. It gave good insights, taught me what's coming, what I should know in advance. It helped become prepared and what I should or must do at each trimester and after birth. I give four stars.

Such a funny book. Bought it for my husband and I ended up reading it instead of him. I did a lot of laughing!

Fun book for a first time daddy who doesn't have a clue! ☺ Would definitely purchase again.

Very good book for my husband. I enjoyed reading it as well. It's nice that it comes from personal experience. Not just a here's a book from a doctor about what you should and shouldn't expect. Very entertaining but also good information.

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